Emerging Pathogen Alert: *Candida auris*



Pathogen Profile^{1,2}

- + Candida auris is an emerging fungus that presents a serious global health threat.
- + Many *C. auris* infections are multi-drug resistant; meaning resistant to multiple antifungal drugs used to treat *C. auris* infections making it more difficult to treat.
- + C. auris is difficult to identify with standard laboratory methods leading to misidentification and improper management.
- + *C. auris* has caused outbreaks in healthcare settings; quick identification is important to implement special precautions to stop its transmission.
- + *C. auris* can cause bloodstream and other types of invasive infections, particularly in patients in hospitals and residents in nursing homes who have multiple medical problems. More than 1 in 3 patients die within a month of *C. auris* infection.

Routes of Transmission^{1,2}

- + C. auris can spread from one person to another through contact transmission in hospitals and nursing homes.
- + People can carry *C. auris* somewhere on their body, even if it is not making them sick.
- + Persons colonized with *C. auris* may contaminate other people, objects, or surfaces allowing the fungus to spread through contact transmission.
- + Studies have shown that *C. auris* can persist on surfaces in the healthcare environment for at least 14 days (Piedrahita et al., 2017³; Welsh et al., 2017⁴); *C. auris* has been cultured from contaminated bedding for up to 7 days (Biswal et al., 2017)⁵.

Precautions and Infection Control⁶

Prepare for *C. auris* in healthcare:

- + Ensure the laboratory can identify *C. auris*; if not, send suspected isolates to the state or local public health laboratory for further identification.
- + Establish a surveillance protocol with laboratory for prompt notification when *C. auris* is suspected.
- + Identify persons at higher risk for *C. auris*. These include:
 - People who have received healthcare in post-acute care facilities (e.g., nursing homes), especially those with ventilator units. - People with a recent history of receiving healthcare outside the United States in a country with known *C. auris* transmission.
- + Educate on recommendations for infection prevention and control of *C. auris* with healthcare staff, including environmental services.

C. auris during COVID-19:

- + *C. auris* outbreaks have been reported in COVID-19 units in acute care facilities. Outbreaks may be related to altered infection control practices during the pandemic, and limited availability of PPE, reuse of PPE, and changes in cleaning/disinfection practices.
- + New *C. auris* cases not linked to known cases or healthcare exposure abroad have been identified in multiple states indicating an increase in undetected transmission.
- + C. auris colonization screening (and containment efforts) has been more limited as resources have been diverted to pandemic response.

What to do when *C. auris* is in your facility:

- + Check the CDC website for the most up-to-date guidance on identifying and managing *C. auris*.
- + Report possible or confirmed *C. auris* immediately to your public health department.



What to do when *C. auris* is in your facility, cont.:

- + Ensure adherence to CDC recommendations for infection control, including:
 - Place patients infected or colonized with C. auris in a single room on contact precautions.
 - Assess and ensure gown and glove use.
 - Reinforce hand hygiene protocols.
 - Coordinate with environmental services to ensure the environment is cleaned with a disinfectant that is effective against C. auris (EPA List P: Antimicrobial Products Registered with EPA Claims Against Candida Auris) by searching EPA at: https:// www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants#candida-auris.
 - C. auris has been cultured in both the immediate patient environment and general environmental surfaces farther away within patient room; C. auris has been identified on shared mobile equipment.
 - Thorough daily and terminal cleaning/disinfection of patient/resident rooms and areas where care is received should be performed using an appropriate disinfectant.
- + Screen contacts of case individuals to identify others that may be colonized.
- + Clearly communicate the person's C. auris status to other healthcare providers facilities managing their care, i.e. transfer from acute care to long term care.



	REORDER NO.	WIPE SIZE	CASE PACK	CASE WGT	CASE CUBE	PALLET TI/ HI
Sani-HyPerCide [®] Germicidal Disposable Wipe (EPA List P, listed as Project Flash)						
Large Canister	P27372	6" X 6.75"	12/160's	23.58 lbs	1.430 ft	10/3
Extra Large Canister	P26584	7.5" X 15"	6/65's	15.10 lbs	0.936 ft	10/4
Sani-Cloth [®] Prime Germicidal Disposable Wipe (EPA List P, listed as Wonder Woman)						
Large Canister	P25372	6" X 6.75"	12/160's	30.56 lbs	1.430 ft	10/3
Extra Large Canister	P24284	7.5″ X 15″	6/70's	18.50 lbs	0.936 ft	10/4
Super Sani-Cloth [®] Germicidal Disposable Wipe (EPA List P, listed as Sani-Cloth [®] Germicidal Wipes)						
Softpack	A22480	8.2" X 9.8"	9/80's	15.40 lbs	0.948 ft	10/4
Large Canister	Q55172	6" X 6.75"	12/160's	25.63 lbs	1.430 ft	10/3
Extra Large Canister	P86984	7.5" X 15"	6/75's	16.71 lbs	.936 ft	10/4

References:

¹https://www.cdc.gov/fungal/candida-auris/index.html

<sup>https://www.cdc.gov/fungal/diseases/candidiasis/pdf/Candida_auris_508.pdf
³Piedrahita, Christina T., et al. "Environmental surfaces in healthcare facilities are a potential source for transmission of Candida auris and other Candida species." infection</sup> control & hospital epidemiology 38.9 (2017): 1107-1109

⁴Welsh, Rory M., et al. "Survival, persistence, and isolation of the emerging multidrug-resistant pathogenic yeast Candida auris on a plastic health care surface." Journal of clinical microbiology 55.10 (2017): 2996-3005

5Biswal, M., et al. "Controlling a possible outbreak of Candida auris infection: lessons learnt from multiple interventions." Journal of Hospital Infection 97.4 (2017): 363-370. ⁶https://www.cdc.gov/fungal/candida-auris/tracking-c-auris.html

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